

The Network

Barre class is a ballet-inspired workout, incorporating yoga, pilates, and other isometric exercises and equipment, focusing on lower body strength and flexibility. Barre began in 1959 when a German ballet dancer used her ballet barre training, combined with rehabilitation exercises, to help her body recover from a back injury. Barre has exploded in popularity across the U.S. with more than 3.8 million members and is an important part of **CoOptions**' broader Women's Fitness Networks™ suite. The **Barre Studio Network**™ provides a perfect touchpoint for brands to tap this huge trend and engage one-on-one with its passionate participants.



Consumer Targeting

- Cross-generational with core age range 18-54, millennial skew
- 90%+ female with healthy lifestyle
- Mid-upscale HH Income \$100K+
- Highly educated, high performers, authentic lifestyles



Locations/Reach

- 1,000+ studios spread throughout U.S. with heavier saturations in major DMAs and strong general fitness markets
- Up to 250,000 samples per 3-5 weeks executional program window (depending on brand category)



Signage & Consumer Research

- Counter tent cards to encourage members to try your sample and tell brand narrative.
- Optional dedicated consumer core and conversion dual research (recommended).
- Optional counter easel card w/tear pad or QR code for survey.

Investment Pricing does not include shipping*

Sample Quantity	Cost / Sample
50,000 – 75,000 pilot	26¢ / sample
75,001 – 100,000	22¢ / sample
100,001 – 200,000	18¢ / sample
200,001 - 300,000	16¢ / sample

Product Sample Distribution

Hand-distributed at check-in or after Barre sessions

* Staging & shipping quoted upon request (please provide all specs and actual samples)

the sampling store.

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